

Carpal Tunnel Release: Procedure & Surgical Risks

- Outpatient Surgery
 - Hospital or Surgery Center will contact you the day before about your time of arrival and specific instructions.
 - After arrival, you will be evaluated by the anesthesia team and discuss different types of anesthesia and risks.
 - Surgical procedure takes 15-30 minutes.
-
- Your wrist/hand will be prepped with a sterile solution. One small incision will be made along the palm of your hand/wrist. The carpal ligament will be released to remove the pressure on the nerve. The incision will be closed with sutures. A post-surgical dressing and splint will be applied to your wrist. You will be moved to the recovery area. Instructions will be provided for wound care and restrictions.
-
- Prescriptions will be provided
-
- **Anesthesia Risks:** all risks of anesthesia will be discussed with you when meeting the anesthesia team on the date of your scheduled surgery.
-
- **Common risks for surgical procedures:** Risks of any surgical procedure are low but do occur and may include the following: (1) Blood loss (2) Infection (3) Blood clot (4) Nerve injury (5) Blood vessel injury
-
- **Specific Risks to Carpal Tunnel Release:** (1) Postoperative bleeding (2) Persistent swelling (3) Scar sensitivity (4) Injury to median nerve (5) Failure of surgery to improve symptoms secondary to permanent nerve damage due to the severity of pre-surgical nerve compression (6) There is a possibility of reoccurrence.

This sheet was provided to assist in your understanding of your surgical procedure and potential risks. It is meant to supplement the information that was discussed with you in the office. The incidence of surgical complications are low, however risks of surgery do exist. This additional information attempts to educate you on these risks, benefits, and common complications that could possible occur. If you have any further questions, please feel free to contact the office. We feel it is important to educate our patients about their surgical procedures and options available to them. This sheet describes the most common aspects of a carpal tunnel release. Each patient's case and surgery is individual and may result in a different scenario than what is described above.