

Shoulder Manipulation Under Anesthesia Post-Operative Time Line

1. Immediately after surgery, you will be given a sling for your comfort and a prescription for physical therapy to start the very next day. Our goal is to maintain the range of motion that was obtained during the manipulation.
2. The first post-op appointment will be 10-14 days after the procedure. Range of motion and strength will be assessed at this time. A new script for physical therapy will be given if needed.
3. The second post-op appointment will be one month after the last appointment. Range of motion and strength will be assessed.
4. Further appointments will be scheduled on an as-needed basis. We will work together with the therapist to ensure a timely and appropriate recovery following the manipulation.